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# Advocate

NATIONAL CONSORTIUM FOR PHYSICAL EDUCATION AND  
RECREATION FOR INDIVIDUALS WITH DISABILITIES

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Winter 2000

NCPERID

Volume 28, Issue 2

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## 2000 Annual Meeting, July 9-11, Washington, DC

### 2000 NCPERID Annual Meeting Focuses on Advocacy

NCPERID Annual conference will be returning to Washington, DC this summer. We have a very exciting program scheduled and hope that we will see many returning and new faces Sunday, July 9<sup>th</sup> through Tuesday, July 11<sup>th</sup>, 2000. The dates for the NCPERID meeting are designed to enable members to also attend the OSEP Leadership conference, held in the same hotel on July 12<sup>th</sup>, and any of the subsequent CEC meetings held July 13<sup>th</sup> and beyond. The conference will be held at the Wyndham Hotel, Washington, DC located downtown on M Street (room rate \$115.00/night). Meetings will begin on Sunday afternoon at 1 p.m. and conclude following the banquet on Tuesday afternoon. The location is very central to the "hill" where members will be encouraged to visit with legislators. Preregistration for the conference is \$65.00 and on-site registration will be \$75.00.

Sunday, July 9<sup>th</sup> -  
Tuesday, July 11<sup>th</sup>, 2000  
Wyndham Hotel, Washington, DC  
Room Rate \$115.00/night

The theme for this year is "Advocacy". Assistant Secretary of Education Judith Heumann, along with her staff, have tentatively agreed to present a panel. Her initial willingness was expressed at a successful December meeting between the Assistant Secretary and her staff and NCPERID representatives (see [NCPERID and OSEP](#)). In addition to this very exciting possibility, we look forward to another of Martha Bokee's very helpful presentations.

We hope that you will join us for this important opportunity to visit with your fellow members and members of Congress and Senate. It is vital that we remain advocates for our field and keep issues related to Adapted Physical Education and Therapeutic Recreation visible in the legislative branch. Please look for additional program information in future issues of the Advocate as well as on the consortium web page (<http://ncperid.usf.edu/index.html>).

### Call for Proposals 2000 Annual Meeting, July 9-11, Washington, DC

The NCPERID Board invites proposals for presentations at the 2000 annual meeting in Washington, DC. Papers may be research- or program-based. Contributions to the areas of advocacy, physical education, and/or the promotion of leisure activities for persons with disabilities are welcome. Proposals that review issues surrounding adapted physical activity and/or therapeutic recreation are also encouraged.

#### Instructions and abstract format:

All abstracts must conform to the following guidelines in order to be considered for the program:

1. The abstract must be typed on a single sheet of paper using Times New Roman font in 12 pt. Laser print is highly preferred.
2. The title of the paper must be typed in all capital letters and in bold print. Authors names and institutional affiliations should be typed in bold print two single-spaced lines below the title.
3. The abstract text must be typed in one continuous paragraph, flush left, and single-spaced.
4. **Please indicate on your abstract whether you would prefer to present in poster format or as an oral free communication.**
5. Please submit the original abstract and four copies omitting the authors' names, institutions, and addresses.

#### Submission Date:

The deadline for the receipt of abstracts for poster presentations is **April 1, 2000**. Abstracts received after this date will be considered on space-available basis. Submit the abstract to:

**Dr. Heidi Stanish**  
NCPERID  
Department of Human Kinetics  
St. Francis Xavier University  
Antigonish, N.S. Canada  
B2G 2W5

Notification of abstract status will occur in May, 2000.

# 1999 Summer Conference Summary of Presentations

## Beginnings-Appreciating the History of the Consortium

*Panel Members:* Luke Kelly, Gail Webster, John Dunn, Claudine Sherrill, Lou Bowers

The panel consisted of key participants in the Consortium's rich history. The session traced significant Consortium events from Bill Hillman's (1969) suggestion that the 16 Bureau of the Education of the Handicapped (BEH) funded APE/TR personnel preparation Project Directors meet for the purposes of networking and collaboration to the (1997) Adapted Physical Education National Standards project. The first meeting of the group, then known as the Ad Hoc Committee on Physical Education and Recreation for the Handicapped, occurred in the basement of a hotel at the 1973 AAHPERD convention in Minneapolis. Lou Bowers stressed the vision of the Consortium's creators to construct an organization, which would make a difference, and become a banner for APE/TR. From its inception the Consortium has placed major emphasis on advocating, at the national level, for APE/TR.

Detailed was Consortium members' significant influence on legislation. Of particular significance was the 1986 mobilization of the Consortium when draft PL 94-142 amendments excluded physical education. Throughout, the Consortium has kept in close contact with federal agencies beginning with the BEH and up through and including the Office of Special Education and Rehabilitation Services (OSERS). The assistance of such individuals as Mel Appel, Bill Hillman and Martha Bokee exemplifies this tradition. Consortium members have come to count on such individuals for 'straight talk' on the status of legislation and personnel preparation funding initiatives. Claudine Sherrill emphasized the contributions of Bill Hillman noting he "was gentle in working with Consortium members and a tiger in advocating for APE/TR." Integral to its advocacy efforts was a certain fear that due to the small membership the Consortium's recommendation may not carry much weight. On the contrary, the legacy of the Consortium appears to be "how could so few accomplish so much?"

Another important role of the Consortium has been the identification of 'best practices' in both personnel preparation and service delivery. This has been accomplished primarily through grantsmanship. It was noted that Consortium members, though small in number, have accumulated a substantial track record in both training and research funding. By doing so John Dunn noted one of the Consortium's legacies is to the preservation of the profession. The Consortium created a presence; not only a voice for our profession but it raised APE/TR standards too. Many of the Consortium's leaders have been recognized repeatedly for professional distinction by other organizations.

Luke Kelly described how the Consortium has defined the profession of APE/TR. In doing so the Consortium has enhanced the quality of life for individuals with disabilities. Furthermore it has provided a forum for the exchange of ideas and as such has served as a platform for leadership development. Gail Webster emphasized recent advocacy initiatives including 1998s' "Come to the Hill" conference. It was emphasized that the Consortium advocacy efforts, at both the national and local levels, are needed now more than ever. For more Consortium history the panel suggested consulting both

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Sherrill's (1988) *Leadership Training in Adapted Physical Education* and the special issue of *Adapted Physical Activity Quarterly* (1986) volume 3, no 2.

*Jim Decker, East Carolina University  
Dept. of Exercise and Sport Science  
75 Minges Coliseum, Greenville, NC 27858-4353*

## Future Directions Panel Discussion

*Panel Members:* Laurie Zittel, Cathy Houston-Wilson, Heidi Stanish, Katie Stanton, Deborah Buswell

The goal of this session was to gather suggestions from Consortium members regarding areas of concentration for the new millennium. Advocacy, publicity, and collaboration were identified as areas especially important to the success of the Consortium and panel members facilitated discussions on these three major topics.

**Advocacy:** Several key points were derived from the discussion on advocacy. First, the Consortium should begin to advocate within other organizations such as CEC, March of Dimes, state AAHPERDs, and parent information networks. Advocating through the Center on Professions for Special Education Speakers Bureau was also suggested. The consensus was that a united effort would be far more effective for advocating change. Second, Consortium members should make it a priority to identify parents who could potentially make a difference. Parents who are active in schools, community programs, and support groups would be influential in advocating on behalf of their children. Third, the Consortium should make a greater effort to assist parents and teachers at the school board level. Offering our support could greatly enhance community-based advocacy efforts. Finally, Consortium members agreed that a brochure should be developed for use in all of these efforts. This public document could be distributed to organizations, families, and educators, to help further their advocacy efforts.

**Publicity:** The publicity theme continued throughout the session. It was suggested that the visibility of the Consortium needs to be increased and members must be involved in publicizing their accomplishments. Popularizing research findings through publication in magazines was one avenue suggested for increasing visibility. Press releases from universities and the Consortium on awards and grants in APE would assist in informing the public of our mission and our accomplishments. The Advocate could be used more effectively as a medium for news dissemination and to share the accomplishments of all members.

It was proposed that a publication committee be created within NCPERID. Along with other publicity efforts, the committee could develop APE fact sheets and a list of available materials such as websites, journals, texts, professionals, and magazines. The information would be sent to other organizations and individuals who, in turn, would make it available to the public. Special Education Directors (state and local), parents, faculty, physical educators, and students could all be involved in the dissemination of this type information. The identification of strategies to inform the public that we exist to educate and advocate is clearly a goal for the upcoming years.

**Collaboration:** The discussion on collaboration focused on the identification of organizations that have goals in common with the Consortium. It was proposed that we create an alliance with national disability sport organizations, AAHPERD, NIDER, ATRA, and NTRS. Members repeatedly expressed an interest in re-establishing ties with CEC and joining efforts with APAC. The discussion on collaboration also focused on the private sector. Working with sport equipment manufacturers, publishers, and adapted equipment companies would allow for other possible avenues of funding and support.

## Future Directions Panel Discussion,

Continued from previous page

Considerable discussion surrounded collaboration between universities in regards to teacher preparation, funding, and academic programs. A feeding system could be created among institutions where centers of APE excellence exist at the undergraduate, Master's, and doctoral levels. Further, members suggested joining efforts to obtain grant money. Collaborative efforts between veteran Consortium members and young professionals could be improved through a mentoring program. The more experienced higher educators could assist less experienced professional in grant writing, publications, and/or teaching.

The panel discussion was a highly productive session. It is apparent that our members have great vision for the future and the challenge remains to create a plan of action.

*Heidi Stanish*

*St. Francis Xavier University*

*Department of Human Kinetics*

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## NCPERID and OSEP

On December 22, 1999, four representatives of NCPERID, Diane Craft, President, Jim Decker, President-Elect, and Past Presidents John Dunn and Luke Kelly, met with Judith Heumann, Assistant Secretary of the U.S. Department of Education and her staff members Martha Bokee, Patty Guard, Lou Danielson, and Tom Finch to discuss issues related to adapted physical education, therapeutic recreation, and full implementation of IDEA.

NCPERID proposed the exploration of three agenda items with OSEP related to increasing the focus on physical education and recreation:

1. Physical education is designated as a direct service in IDEA. We request that an initiative in a program competition be designated to highlight APE/TR as a need area for both professional preparation and research grant funding. This is not necessarily a request for new/additional funds, but a request to highlight and focus on the need for grant competitions in these areas. The NCPERID and its members have a strong history of being able to compete for funds (Bokee, 1995). With the change in the structure of the competitions in recent years, there has been a noticeable decrease in the number of applications, which has also adversely affected the compositions of the panels reviewing APE/TR proposals. These trends are adversely affecting the profession's ability to address the mandates of IDEA.

2. Highlight physical education in the State Improvement Grants. For example, regulations need to be established to ensure that all content areas, including physical education, are addressed in every State Improvement Plan. It is also critical that the distribution of personnel preparation funds reflect all content areas. Regulations should also ensure that State Improvement Plans include measures of the need for qualified adapted physical educators as well as a long-term plan for personnel preparation to ensure an adequate supply of qualified teachers in the area. In addition, it is recommended that regulations stipulate that all content areas be included in the proposed National Assessment plan (under Part D of the Reauthorization).

3. The NCPERID has enjoyed an outstanding working relationship with Martha Bokee who has provided unprecedented leadership and technical assistance in her role as the advocate and Area Coordinator in Adapted Physical Education and Therapeutic Recreation for the implementation of IDEA. While we seek

## NCPERID Board Seeking Nominations

The NCPERID Board of Directors is seeking nominations for the following officers:

- *Vice President*
- *Two At-Large Representatives*
- *Secretary*
- *Two APENS Representatives*

Nominations should include 1) nominee's name, 2) university/professional affiliation, 3) contact information, and 4) officer position nominated for (i.e., Vice President, At-Large Representative, etc.). Also include your own name and university affiliation (nominees can nominate themselves). Once nominations are received nominees will be contacted to provide short resumes for the voting/election process. Please send all nominations to:

*Heidi Stanish, Dept. of Human Kinetics*

*St. Francis Xavier University*

*Antigonish, N.S. Canada B2G-2W5*

*Or email: [hstanish@stfx.ca](mailto:hstanish@stfx.ca)*

continued support for these activities and this position in representing the areas of APE and TR, we believe it essential that a process be established so that the NCPERID can work proactively with the OSEP Assistant Secretary to provide input and work collaboratively in a timely manner on issues of critical importance for individuals with disabilities and their families.

The Assistant Secretary and her staff were most cordial and receptive to the requests made by NCPERID. Now the NCPERID leadership is working to follow-up on the ideas discussed during the meeting. Martha Bokee is preparing an article to be published in a future Advocate related to the discussion of the meeting. The article will focus on her ongoing efforts to compile and share trends about funding data from OSEP for adapted physical education and therapeutic recreation.

*Luke Kelly*, Professor, Curry School of Education, Program Area of Health & Physical Education, University of Virginia, lek@virginia.edu

*Diane Craft*, SUNY Cortland, P.O. Box 2000, Cortland, NY 13045

*Jim Decker*, East Carolina University, Dept. of Exercise and Sport Science, 75 Minges Coliseum, Greenville, NC 27858-4353

*John Dunn*, Dean, College of Health, University of Utah, John.Dunn@health.utah.edu

## Member Newsflashes

Very often our colleagues in NCPERID win awards, move to new positions, present and publish on exciting topics, are suffering serious illnesses or pass away and we do not learn about these important events until well past the expected time to offer congratulations, get well wishes, or condolences. If you have news about yourself or would like to share news about other NCPERID members please submit the information to the Advocate Editor. Information will be published in each issue of the Advocate under the heading **Member Newsflashes**. NCPERID is a very small organization and as Claudine Sherrill said in her address during the Awards Banquet at the 1999 Summer Conference "family of choice." Each family member is essential to the future health of NCPERID and it is important that, as John Dunn pointed out when discussing the history of NCPERID, we continue in the tradition of our predecessors: "for a group that's as small as we are....at times we've been viewed as large."

## 2000 APENS Exam to be Held

The 2000 Adapted Physical Education National Standards Exam will be held on Saturday June 3, 2000. For the first time the APENS Exam will also be administered at the AAHPERD National Convention on March 24, 2000. The cost of the exam is \$75.00 and the deadline for submitting completed applications is March 1, 2000. Eligibility requirements, application materials, and more information about the exam is available from Ron French, APENS Project, P.O. Box 425647, Texas Woman's University, Denton, TX 76204-5647, 1-888-APENS-Exam or on the web at <http://www.twu.edu/apens/>. A 75-page study guide is available from Sportime for \$10.00.

Currently there are 341 Certified Adapted Physical Educators (C.A.P.E.s). Teachers passing the exam are certified by NCPERID for a period of 7 years and receive a certificate documenting that they are certified adapted physical educators. These teachers are listed in NCPERID's national registry of certified adapted physical educators. The registry is available to state education, professional association, and parent advocacy groups.

### **Congratulations to the following NCPERID members who passed the APENS exam in 1999.**

Jennifer Bemus  
Jennifer Bendel  
Connie Benveniste  
Dawn Billion  
Lisa M. Billman  
Nancy Blake  
Mark Bodie  
Thomas Burke  
Michael S. Cappello  
Letitia Chelini  
Mary Jean Chiocca  
John C. Chulada  
Diana Cremar  
Donna DeTommaso-Kleinert  
Anthony Dicapua  
Elsbeth Feldman  
Michael Fier  
Susan Forman  
Patricia Frische  
Jayne Glidwell

Evelyn Gonzales  
Nicole E. Green  
Kimberli Halliday  
Jonathan Halpern  
James Heit  
Larissa M. Heynysch  
Mel Horton  
Carol Huettig  
Kim Irwin  
Kerry A. Jacobs  
Karen A. Jones  
Tae You Jung  
Ratana Kitsook Kepner  
Keith L. Kleinsmith  
Patricia Koranda  
Sara J. Kozlowski  
Elizabeth Krause  
Louis Kunda  
Diane Lyons  
Cynthia Martin

Chandra Martin  
Tara J. McCarthy  
Christopher Meleason  
Karyn Misenheimer  
Ruth Monty  
Emily D. Morgan  
Lista Morris  
Erynn Murray  
Muriel Paige  
Lesli Cherie Parish  
David Potter  
David Poulin  
Terrie Rauzon  
Claudia Riley  
Joleen Rithmiller  
Laiya Ruderman  
Cindy Abel Sanchez  
Sylvia Schrider  
Jeanete Slaughter  
Carol Smith

Terry Sobel  
Carl Solomon  
Susan Sorg  
Roy T. Speedling  
Frances Speight  
Joel D. Steingold  
Christopher Streicher  
Mary Thompson  
Sommer Tiller  
Donald Tilton  
Patricia Varriale  
Jennifer Walters  
Kamala Waryas  
Lisa Watson  
Ann C. Wheeler  
Catherine White  
Nicole Yakubowski  
Gayle Yost-Thompson